

Training Weapons

Required Training Equipment

Bo Staff (6' wooden staff)
Han Bo (3' wooden staff)
Wooden Boken (wooden Katana)
Kusari (3' length of rope)
Wooden Tanto (wooden knife)

Optional Training Equipment

Tappon
Jutte
Practice Shuriken
Naginata
Yari
Practice Shuko
Practice Ashiko

*Many of these items can be made inexpensively from common hardware store materials or purchased from a vast array of online martial arts stores for just a bit more.