

Dear new student:

Welcome to the Bujinkan Lexington Dojo. We are an open-minded organization following the exciting path set before us by Grandmaster Masaaki Hatsumi, head of the Bujinkan Dojo worldwide.

In an effort to facilitate you in your training, we have organized a student workbook to help you with study and progression. This is an ever growing and changing book. Much will be added as your training progresses.

I speak for everyone when I say that we are happy to have you and look forward to becoming good friends in our martial community.

*"Martial arts can change your life. It can fill the empty spaces, make sense of the unexplainable, and open your heart to a better quality of life. For some, martial arts is what's missing, and it's one way to open your eyes to the mystery and wonder of life." --TW*

We hope your training is as enjoyable and rewarding as it has been for so many tens of thousands around the world.

Sincerely,

Trey Willmott  
Shidoshi, Bujinkan Lexington Dojo